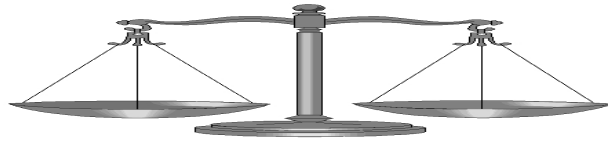


BALANCED BUDGET, BALANCED DIET BREAKFAST MENU



ALL MEALS \$4.00

#1

1 EGG, 2 STRIPS OF BACON, 2 SLICES OF TOAST AND FRESH FRUIT

#3

2 EGGS, A BOWL OF OATMEAL AND FRESH FRUIT

#3

2 EGGS, CUP OF GRITS, 2 SLICES OF TOAST AND FRESH FRUIT

#4

TOASTED HAM, EGG AND CHEESE SANDWICH ON WHEAT WITH FRESH FRUIT

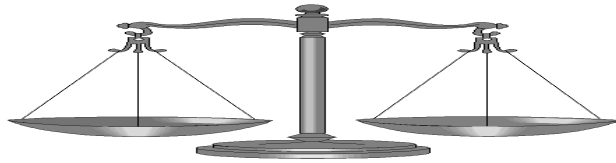
#5

1 EGG, 1 PANCAKE, 1 STRIP OF BACON OR SAUSAGE WITH FRESH FRUIT

***ALL MEALS COME WITH A CHOICE OF A SMALL MILK OR JUICE CARTON.**

{Sorry no substitutions}

BALANCED BUDGET, BALANCED DIET LUNCH MENU



ALL MEALS \$4.00

#1

BOWL OF SOUP AND SIDE SALAD (GARDEN OR CAESAR)

#2

GRILLED CHICKEN CAESAR SALAD

#3

GRILLED HAM, CHEESE AND TOMATO SANDWICH AND A CUP OF SOUP

#4

GRILLED CHICKEN BREAST SANDWICH WITH FRESH FRUIT OR PASTA SALAD

#5

CHICKEN SALAD SANDWICH WITH A CUP OF SOUP

***ALL MEALS COME WITH A CHOICE OF A SMALL MILK OR JUICE**

